



IFAGG information

TEAM NOMINATIONS AND IFAGG COMPETITION RULES FOR SENIORS AND JUNIORS

Nomination of gymnasts for team 2017

During competition season 2017 (starting 1.1.2017 until 31.12.2017), team can nominate maximum 15 gymnasts to the team.

Team consists of 6 - 15 nominated gymnasts during the season 2017. Reserve gymnast belongs to the team. For every specific competition the team can use 6 - 10 gymnasts on the competition carpet from 15 nominated gymnasts. Nomination to each competition (preliminaries and/or finals) must be done among nominated gymnasts. If you nominate 15 gymnasts for the first competition – you have used all your nominations for season 2017. If you nominate less than 15 gymnasts for the first competition you may complete your team until 15 gymnasts (names).

Change of team

Gymnasts can change team one (1) time during the season 2017 according to age limits. This change can be made only after the first part of the competition season (after World Championships event). This means that i.e. if gymnast is born in 2002 and competing in junior team in Challenge Cup I and/or II and World Junior Championships, in second part of the competition season it is possible for her/him to change team for other junior team or other senior team. Other example; if gymnasts in senior team have competed first part of season in one team, and team retired after World Championships event, the gymnasts can change the team for new one.

IFAGG member is always responsible for informing the IFAGG office concerning all gymnasts' changes of team.

Administration fee concerning the change of the team is $10 \in /$ gymnast. If the change is from junior team to senior team, also difference of gymnast license must be paid. For example senior gymnasts have a license of $25 \in$ for the season 2017 and if she/he changes the team for another senior team, the administration payment will be $10 \in$. The junior gymnasts have a junior license of $15 \in$ for the season 2017 and for changing the team for another junior team, the administration fee will be $10 \in$. In case a junior gymnast with a junior license ($15 \in$) changes for a senior team she/he will have to pay the difference between junior and senior license $10 \in +$ administration fee concerning team change $10 \in$.



4.10.2016

Adjustments for competition rules concerning seniors and juniors

Technical elements:

Balances (required balances and supplementary elements):

Maximum two (2) balances during the program (routine) can be started with the support of one (1) hand or two (2) hands on the floor. The hand connection to the floor can last maximum one (1) second before the gymnast has to fix the balance. If the hand connection lasts more than one (1) second, the balance will not be counted as a balance, it will count as a single body movement.

Jumps and leaps (required elements and supplementary elements):

Maximum two (2) jumps and/or leaps during the program (routine) can have a landing on the floor (with the support of different body parts). Other jumps and leaps must be executed with landing in standing position on one (1) or two (2) feet.

Exception: Somersault/roll after a jump or leap is counted as a body movement and therefore it is not counted as a floor landing.

Technical Value (TV) bonus point

There will be not any 0,1 bonus point for TV. Maximum points for TV are 6.0 points. Supplementary elements maximum points will be 2.2 points.

Execution (EXE) bonus point

There will be not any 0,1 bonus point for EXE. Maximum points for EXE are 10,00 points.

These rules are valid from 1st October 2016. Until 31^{st} December 2016 it is possible also to use the older version of IFAGG competition rules (cover page "valid 31.8.2016"). Competition organizer in B-category competitions must inform participants what version they will use in their competitions during 1st October – 31st December 2016. IFAGG members can decide nationally are they taken these adjustments to use immediately or start from 1st January 2017.