



Official Practice lørdag 19. maj

Her er 3 min pr. Zone med 1 minuts pause imellem hver zone

PIGER 8-10 år					
Holdnavn	Forening	Zone 3	Zone 2 (tæppe)	Zone 1	Konkurrencegulv
Team Viga	Greve Gymnastik og Trampolin	8:48-8:51	8:52-8:55	8:56-8:59	9:00-9:03
Team Vilja	Greve Gymnastik og Trampolin	8:51-8:54	8:55-8:58	8:59-9:02	9:03-9:06
Team Vivanit	Greve Gymnastik og Trampolin	8:54-8:57	8:58-9:01	9:02-9:05	9:06-9:09
Team Merida	Espergærde IF	8:57-9:00	9:01-9:04	9:05-9:08	9:09-9:12
Team Vitula	Espergærde IF	9:00-9:03	9:04-9:07	9:08-9:11	9:12-9:15
Team Adea	DHG Gymnastik	9:03-9:06	9:07-9:10	9:11-9:14	9:15-9:18
Team Unika	Næsby IF	9:06-9:09	9:10-9:13	9:14-9:17	9:18-9:21
PIGER 10-12 år					
Holdnavn	Forening	Zone 3	Zone 2 (tæppe)	Zone 1	Konkurrencegulv
Team Movanna	GF Køge Bugt	9:09-9:12	9:13-9:16	9:17-9:20	9:21-9:24
Team Astra	Greve Gymnastik og Trampolin	9:12-9:15	9:16-9:19	9:20-9:23	9:24-9:27
Team Azurit	Greve Gymnastik og Trampolin	9:15-9:18	9:19-9:22	9:23-9:26	9:27-9:30
Team Melina	Sorø Gymnastikforening	9:18-9:21	9:22-9:25	9:26-9:29	9:30-9:33
Team Enya	Farum Gymnastikforening	9:21-9:24	9:25-9:28	9:29-9:32	9:33-9:36
Team Maliva	Farum Gymnastikforening	9:24-9:27	9:28-9:31	9:32-9:35	9:36-9:39
Team Olympia	Espergærde IF	9:27-9:30	9:31-9:34	9:35-9:38	9:39-9:42
Team Gaia	DHG Gymnastik	9:30-9:33	9:34-9:37	9:38-9:41	9:42-9:45
Team Emea	Tarup-Paarup IF	9:33-9:36	9:37-9:40	9:41-9:44	9:45-9:48
Team Fenja	Tarup-Paarup IF	9:36-9:39	9:40-9:43	9:44-9:47	9:48-9:51
Team Esia	Spangsbjerg IF	9:39-9:42	9:43-9:46	9:47-9:50	9:51-9:54
PIGER 12-14 år					
Holdnavn	Forening	Zone 3	Zone 2 (tæppe)	Zone 1	Konkurrencegulv
Team Mellis	GF Køge Bugt	9:42-9:45	9:46-9:49	9:50-9:53	9:54-9:57
Team Petit	Greve Gymnastik og Trampolin	9:45-9:48	9:49-9:52	9:53-9:56	9:57-10:00
Team Liva	Greve Gymnastik og Trampolin	9:48-9:51	9:52-9:55	9:56-9:59	10:00-10:03
Team Liona	Sorø Gymnastikforening	9:51-9:54	9:55-9:58	9:59-10:02	10:03-10:06
Team Amaryllis	Hillerød G & IF	9:54-9:57	9:58-10:01	10:02-10:05	10:06-10:09
Team Aura	Espergærde IF	9:57-10:00	10:01-10:04	10:05-10:08	10:09-10:12
Team Estella	DHG Gymnastik	10:00-10:03	10:04-10:07	10:08-10:11	10:12-10:15
Team Bellis	Tarup-Paarup IF	10:03-10:06	10:07-10:10	10:11-10:14	10:15-10:18
Team Future United	Næsby IF	10:06-10:09	10:10-10:13	10:14-10:17	10:18-10:21
Team Elara	Spangsbjerg IF	10:09-10:12	10:13-10:16	10:17-10:20	10:21-10:24

**JUNIOR**

Holdnavn	Forening	Zone 3	Zone 2 (tæppe)	Zone 1	Konkurrencegulv
Team Magna	GF Køge Bugt	10:12-10:15	10:16-10:19	10:20-10:23	10:24-10:27
Team Milet	Greve Gymnastik og Trampolin	10:15-10:18	10:19-10:22	10:23-10:26	10:27-10:30
Team Bella	Greve Gymnastik og Trampolin	10:18-10:21	10:22-10:25	10:26-10:29	10:30-10:33
Team Octavia	Farum Gymnastikforening	10:21-10:24	10:25-10:28	10:29-10:32	10:33-10:36
Team Dicentra	Hillerød G & IF	10:24-10:27	10:28-10:31	10:32-10:35	10:36-10:39
Team Navona	Espergærde IF	10:27-10:30	10:31-10:34	10:35-10:38	10:39-10:42
Team Sira	Spangsbjerg IF	10:30-10:33	10:34-10:37	10:38-10:41	10:42-10:45

SENIOR

Holdnavn	Forening	Zone 3	Zone 2 (tæppe)	Zone 1	Konkurrencegulv
Team Luna	Greve Gymnastik og Trampolin	10:33-10:36	10:37-10:40	10:41-10:44	10:45-10:48
Elina Elite	Greve Gymnastik og Trampolin	10:36-10:39	10:40-10:43	10:44-10:47	10:48-10:51
Team Nova	Sorø Gymnastikforening	10:39-10:42	10:43-10:46	10:47-10:50	10:51-10:54
Team Bohemia	Gymnastikefterskolen Stevns	10:42-10:45	10:46-10:49	10:50-10:53	10:54-10:57
Team Aicka	DHG Gymnastik	10:45-10:48	10:49-10:52	10:53-10:56	10:57-11:00
Team Nordik	IF Føroyar	10:48-10:51	10:52-10:55	10:56-10:59	11:00-11:03