

Acrogym camp 2017:

1. **General information:**

Agility, balance and strength are your best assets? As a strong base or a light top you know better than anyone to bring spectacular acrobatics in the air and on the ground?

1, 2, 3, ... and up in the air. You rule the sky. Your acrobatic skills amazes the crowd? During this camp, we surprise you with exclusive lessons from foreign top trainers.

In no time your level will rise!

Also you will get the opportunity to train on the "air-floor" that provides additional resilience. This inflatable gymnastics floor makes you turn somersaults and backflips as if you are doing them on air.

- Daily Acrogym-sessions
- International coaches
- High and low level gymnasts
- Staying in a sports environment

Only possible for competition gymnasts

2. **Periode:**

Sunday 13/08/2017 - Friday 18/08/2017

3. **Age:**

→ 8 – 99 year

4. **Program:**

- Acrogym - 24 h / week
- Coaches from Belgium / UK / Portugal / ...
- Swimming on Wednesday afternoon
- Evening activities

Location:

Sportacentrum Tongerlo, Geneinde 2, 2260 Tongerlo.

In the recent years, Sporta center has become a modern sports complex with lodging possibilities in various degrees of comfort thanks to the recent renovation of our buildings and the expansion of our sports facilities. In 2006, the center was expanded with 13 luxurious rooms for 2 to 4/5 people. These rooms are fully adapted for people with physical disabilities. They include a bathroom with "roll in shower with seat", extra arm supports and lowered sink. In addition, there are cozy family studios and cozy three- to eight-person rooms with bath plus shower and toilet, as well as broader "sleeping halls", intended for youth groups. Together representing a capacity of over 400 beds.

Spread over 13 hectares with a green border of trees and fields, two large sports halls 1 with floating parquet floor are located as also; four soccer fields 1 with artificial turf, an athletics track, a gymnasium, a dance studio, a fighting sports hall, a multipurpose room, a BMX track, a bow shooting, spectacular altitude trail, a restaurant, a mini garden, five tennis courts, three volleyball courts, petanque courts and woods with an obstacle course. Our center recently won the Flemish level A label for accessible tourism.

This means that the base is accessible for people with disabilities. The stay is suitable for most people with limited mobility. Assistance may be needed for some parts.

The accessibility label was awarded after extensive measurement spot of following things: the access from the public road, the entrance and reception, the toilets, the restaurant or the dining room, multipurpose room, the bedroom and bathroom and walking routes between all components.

5. Prices:

324,00€ (excl. Transport to and from the center)

6. What is included and what isn't:

Before you start booking this camp or start dreaming of the things you love about acro, you probably want to know what is included in this price?

- pedagogical trained monitors.
- meals with free water / tea and coffee.
- Stays from Friday 13/08/2017 until 18/08/2017
- Activities for 6 days
- An insurance for accidents on site
- 24h acrobatics from experienced coaches

When you book you get the opportunity to also buy an annulation insurance.

Next things are **NOT** included:

- Money for drinks, postcards, ...
- Transport to and from the center.
- Insurance all-risk.
- Insurance for theft.

7. Transport:

Please get ready to start at this great camp at Sunday 13/08/2017 at 13.30h.

Friday at 18.00h you can start telling great stories about the camp to your parents, because then they are able to pick you up.

Your travel to and from the center is on your own responsibility. Sporta doesn't organize transport.

8. Registration:

- Please deliver us an excel sheet with the following data:
- Name gymnast
- Name partners of the gymnast
- Level of competition
- Date of birth
- Phonenumber (contact)
- Mail
- Name of parents
- Address
- Club name + Country
- Name of your club coach

Greetings

David Gillemot

Starch Comm V