



**PORTUGALGYM<sup>®</sup>**  
2015 Loulé



**loulé**  
concelho

**19 - 21 June**



***Invitation***

Dear gymnastics friends,

The Gymnastics Federation of Portugal will organize between 19 and 21 June, 2015, the first international edition of the PORTUGALGYM® Festival. The Algarve, internationally known for its fantastic beaches and golf courses, associated with lots of sunshine and excellent cuisine, is where the event will take place, specifically in the town of Loulé and Quarteira beach.

Portugal has excellent conditions for holding gymnastic festivals and extensive experience in organizing these events. Examples of that are the organization of EUROGYM 1993, World Gymnaestrada 2003, Golden Age 2010 and EuroGYM 2012.

In 2015 we plan to open the PORTUGALGYM to foreign federations and clubs, and make this a landmark event in Gymnastics for All international scene.

We are waiting for you...





## Welcome to Algarve

Some of the best and most beautiful beaches in the entire world are found in the Algarve. So, it comes as no surprise that the region is a favorite for sun-seekers from all over the world. They come in search of the natural heritage that is now managed in a sustainable fashion, in order to provide quality recreational facilities able to meet all kinds of requirements. There are beaches to suit every taste with the majority having gained due recognition in the form of the EU "Blue Flag" for quality standards. Different types of beach, but all bathed in the calm, warm seawaters of this coastline.



Algarve is also one of the finest golfing destinations in Europe, and it is seen today as an elite venue by top professionals and golf lovers.



More than just magnificent beaches and a blessed climate, the Algarve offers a rich folk heritage which is worth appreciating along with the pleasures of the sun and the sea.



## Welcome to Algarve

At once cosmopolitan and rustic, the Algarve is a region that can be enjoyed either for a quiet or active holiday, according to individual taste. If you want a fun-filled holiday, you will find the latest musical trends of Algarvian night-life and its hot spots an irresistible draw. The discotheques, marinas, casinos, bars and restaurants, many with open air seating, all offer a free and easy atmosphere to satisfy the most varied of tastes.



During the day, there is also a lot to do: from theme parks to shopping centers and various cultural events, all guaranteed to leave you with unforgettable memories. If you are looking for a quieter holiday, you can opt for the refinement of thalassotherapy centers and SPAs, healthy breaks at thermal water centers or the peace of relaxation farms.





## PortugalGYM 2015

### Date

19 to 21 June, 2015

### Who can participate

Any group of gymnasts can take part, no matter what nationality or age or technical level, as long as it consists of at least 6 people and the performances are accompanied by music.



### Exhibitions

Each team will perform twice. The duration of each exercise is determined as follows: maximum 5:00 minutes for teams up to 30 people, maximum 10 minutes for teams from 31 participants.

### Gala “Prof. Reis Pinto”

.The Gala 'Prof. Reis Pinto' is traditionally the highlight of PORTUGALGYM. In this edition Portugal-Brazil show will be presented. This will be the final training for the World Gymnaestrada 2015 in Helsinki. The Gala will be complemented by presentations of all gymnastic disciplines for athletes of national teams and invited participants groups.

### Venues

The exhibitions will take place in the 3 stages in Loulé and Quarteira Beach. All stages will have a platform with floor exercise strips (minimum size is 14 m x 14 m), dressing rooms for the athletes and a warehouse for technical equipment.

As for the technical equipment, 2 out of the 3 stages will have 1 air track, 2 trampetes and a full set of landing mats available. Depending on the needs of individual performances, the most suitable stage will be assigned.





## Tourist Programs

Discover the best experiences that Algarve has to offer you...

### Safari

Excitement, Adventure and Adrenalin throughout the magnificent landscapes of the Algarve. The Algarve region is characterized not only by its excellent beaches, but also by magnificent highland landscapes and stunning paths to discover!



### Seafaris

Explore the sea, stunning rock formations, cliffs, and some of the largest caves and tunnels in Europe. Several cruise programs including, a half-day cruise and visit inside the caves, or a full day cruise with a break on a secluded beach only accessible by sea, with a BBQ lunch service.



### Lisbon tours

Immerse yourself in Lisbon's enchanting history and sights on a day trip from the Algarve! With a local guide at your side, explore the neighborhood of Belém with its wow-worthy Manueline monuments and trace the history of UNESCO-listed Jerónimos Monastery on an audio tour. Wander around the charming cobbled streets of the Alfama quarter, see the Castle of São Jorge and enjoy some free time before returning to the Algarve.





### East Algarve Day Trip

Explore the peaceful East Algarve with its charming towns, elegant architecture and sights steeped in history. This must-do day trip includes tours of the Church of St Lourenço in Almancil town, the Algarve capital of Faro with its stately Old Town plus Tavira Castle: a ruined monument believed to date to Neolithic times. Enjoy free time to soak up the laid-back pace of the region in the fishing town of Olhão and make use of a hotel pickup and drop-off service that covers hotels all over the Algarve region.

### Aquashow Park

Explore and enjoy the numerous attractions of this fantastic water park with slides of all kinds and a wave pool that will delight you.



### Zoomarine

Zoo Marine offers a full marine experience for all the family, showcasing numerous species of tropical fish, dolphins, seals, sea lions and sharks as well as tropical birds and birds of prey from all corners of the globe.

The park is a veritable voyage of discovery for adults and children alike as they encounter, observe and learn about wildlife, conservation and the environment.



## General Information

### Participation fee

In addition to the hotel package, each participant will pay a fee of € 30,00.

### Accommodation

To participate in the PORTUGALGYM it is mandatory to buy the hotel package we offer. The package includes a stay of **5 days/4 nights** (from dinner on June 18th to breakfast on June 22nd) with **full board** (breakfast, lunch and dinner) in one of hotels.

The price of the hotel package is € **350,00** if you choose a three star hotel; € **450,00** for four star hotel. You can request quotes for extension of stay.

#### ◇ Hotel Cat. B \*\*\*

Extra night: Single: € 65,00  
Double: € 50,00



#### ◇ Hotel Cat. A \*\*\*\*

Extra night: Single: 100,00€  
Double: 85,00€





## Provisional Programme

	Thursday 18 <sup>th</sup> June	Friday 19 <sup>th</sup> June	Saturday 20 <sup>th</sup> June	Sunday 21 <sup>st</sup> June	Monday 22 <sup>nd</sup> June
<b>Breakfast</b>					
<b>Morning</b>	Group Arrivals	Group Arrivals	Parade Group Performances (1 stage)	Group Performances (3 stages)	Group Departures
<b>Lunch</b>					
<b>Afternoon</b>	Group Arrivals	Accreditation	Group Performances (3 stages)	Farewell Party	Group Departures
<b>Dinner</b>					
<b>Evening</b>	Group Arrivals	Group Performances (1 stage)	Gala "Prof. Reis Pinto"	Group Departures	

### Music files

The performance music files must be submitted up to May 5 2015, by WeTransfer (e-mail: [gpt@gympor.com](mailto:gpt@gympor.com)). [www.wetransfer.com](http://www.wetransfer.com)), in Mp3 format.

### Insurance

All participants have to provide proof of adequate health and accident insurance coverage. Each team is responsible for making its own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation. The organizing Committee will provide sports insurance for anyone who desires this service at a cost of 50,00 € per person (for more information please contact LOC). All teams that have their own insurance must provide proof (named declaration with policy number) at the accreditation.

### Visa

Please verify immediately with your travel agent or the Portuguese Embassy or Consulate in your country if a visa is required for your travel to Portugal. The Organizing Committee will be happy to assist each Delegation with an official invitation letter, provided that the request is made before 20th April 2015 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to [gpt@gympor.com](mailto:gpt@gympor.com).



## Local Transportation

The LOC will provide free transfer from FARO International Airport (15 km).  
The delegations may ask for special transfer service from LISBON International airport (270 km) to the event place. This service will cost € 40,00/person/one way.

## Bank Account Information

### **BANK: Banco Santander Totta**

Av. Guerra Junqueiro, nº21 A, B  
1000 Lisboa

**BENEFICIARY:** Gymnastics Federation of Portugal

**IBAN:** PT 500 018 000 050 924 642 020 49

**BIC/ SWIFT:** TOTAPTPL

Each participating member Federation is kindly requested to integrate the payment's purpose as follows: PORTUGALGYM 2015.

The participating federation is responsible for covering all bank fees in connection with the bank transfers.



## Deadlines Summary

Provisional Registration Form	20 <sup>th</sup> March 2015
Definitive Registration Form Accommodation Form Travel Schedule Form Visa Request Form Payment of the Participant Fee (100%) Payment of the Accommodation Costs (100%)	20 <sup>th</sup> April 2015

### Apoios Institucionais:



### Apoios:

